

1- Mabroom date



Mabroom date is a type of high quality date and has a sweet and hearty taste. Date is made of soft and dry varieties that are mainly grown in Saudi Arabia. Absolute date have an almost transparent skin and a dark brown color. This type has a wrinkled appearance

2- Saily date



Saily date is very popular in countries like Libya and has a golden brown color. This type of date grows better in very hot areas. The texture of this date is softer at the tip than at the end.

3- Al-Mehtari date



One of the earlier and wet varieties is date. The fruit is relatively small and elongated and is native to Hormozgan province. This type of color has a light yellowish brown color.

4- Ambera date



Ambera date is one of the highest quality and most expensive date grown in Medina, Saudi Arabia. This type of date is very large. The healing and natural healing properties of this date have made it one of the most widely consumed foods in Saudi Arabia.

5- Thoory date

Thoory date have a relatively sweet and nutty taste. This type of date has a dry, strong texture. This type is medium to large in size and its color is golden brown. Lace date are one of the late varieties.



6- Dayri date



Dayri date have a strong and sweet aroma and soft texture. This type of date is medium to large in size and has a soft flesh with a dark brown or black skin.

7- Khola date



Khola date have a caramel and sweet flavor. Also, this type of date, when fresh is sticky and is consumed in many parts of the world with Arabic coffee. Khola date have a loose, golden-brown skin and are native to Saudi Arabia.

8- Hayani date



Hayani date is mostly grown in Egypt and has a dark red or black color. This type of date has a mild and sweet taste.

9- Rabbi date



Rabbi date is one of the most famous types of date produced in Sistan and Baluchestan province. This species has a large, reddish-black fruit. Rabbi date have shiny, clear and thin skin. Due to the low humidity, Rabi date have a high durability. This date has a wrinkled and elongated appearance.

10- Maktoom date

Maktoom date are relatively large in size and have thick reddish-brown skin. This type of date has a relatively sweet and mild taste. Maktoum date is a soft variety of date.



11- Anbara date



Anbara date is a very large variety of date that has a small core and a fleshy appearance. Amber date is an expensive type of date, with a sweet taste and brown color. This type of date is mostly produced in Medina, Saudi Arabia.

12- Halawy date



Halawy date have a soft and delicate texture and a sweet aroma and taste like honey. This type of date has a golden brown skin and is small to medium in size.

13- Deglet Noor date



Deglet Noor is a semi-dry type with a sweet and gentle aroma and its taste is called the real taste of date. The light bulb is medium to large in size, and its skin color changes from amber to dark brown when it arrives. Deglat Noor date is one of the most important commercial date in the world and are very popular in Arab societies. The texture of this type of date is slightly crisp.

14- Pyaram date



Pyaram date is the most expensive date in Iran. It is a semi-dry date and is late. It is in the group of semi-dry date. The major sugar in it is fructose, which is easily and quickly used in the body's metabolism and is very suitable as a permitted sugar consumed by people with diabetes. These date are generally made in Hormozgan province.

15- Mazafati date



Mazafati date is the most well-known type of date in Iran. It has a lot of moisture and has been popular with people.

16- Gentar date



Gentar date are among the wetter types. This type of date can also be consumed as Kharak and Roatb. (Unripe)

17- Estameran date



Estameran is one of the samples produced in Iran. This date is in the group of semi-dried date and therefore it is easy to transport and good for export. It is worth mentioning that the date of the colonies have high sugar content and are suitable for athletes. About 70% of Khuzestan's groves produce this type of date.)

18- SHahani Date



SHahani date is one of the wetter types of date that are considered first class and have many fans. This type of date has a soft and moist texture and it is used to prepare various types of date juice. It is also very colorful. Other names for this date that you may have heard of are Shawani, Shuni and Khork. This type of date is most common in pyramid groves.

19- Zahedi date



Zahedi date is golden and oval in shape and has a soft texture and nutty taste. They have thick skin, are semi-dry, and have less sweetness than other date. This type of date also has a lot of fiber. This date is widely cultivated in the south of Iran and has many fans inside and outside the country due to its mild sweetness. Because these date are easy to store and carry, fans are very popular among date traders, especially exporters.

20- Kabkab date



Kabkab date is a semi-dry type of date. Its skin is more wound than other types of date and is one of the most widely used types of date in Iran. This date, which is mainly extracted from Behbahan groves, is very colorful and has a lot of nectar or juice.

21-- Barhi date



This type of date is yellow and crunchy. This ripe date gives it a deliciously sensual, delicate, flower-fruity scent. Like most date, it is sweet, and well worth a try. These creamy dates are really delicious and are often sold while still on thin branches. You can store these seasonal date in the freezer for months. This date is originally rooted in the groves of Iraq. However, due to its unique taste and quality, it has many fans among Iranian palm growers and consumers.

22- Khazravi date



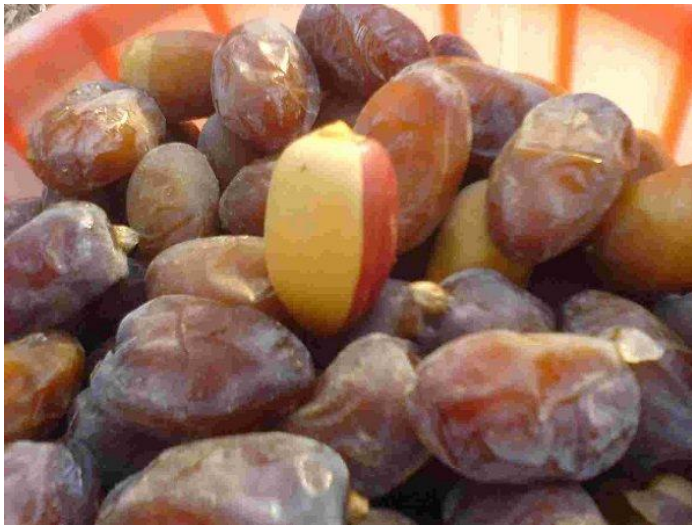
Khezravi date are a variety of soft date and are also consumed in the form of kharak and wet. This date, like lamb date, came to Iran from Iraqi groves. Khezravi date are the second most cultivated in Khuzestan province. The core is completely separate from the fruit, so you can easily use all the fruit.

23-- KHasouei date



-- KHasouei date are one of the best types of date and their storage capacity is high. This date, like kebab date, bears fruit in Behbahan, Khuzestan. This date, which looks like okra and is smaller than its other relatives, is very popular in Khuzestan.

24-- Mordasang date



Mordasang date is of medium importance in terms of importance and is among the famous cultivars of Kerman province. This date is not produced much because it is consumed only in Kerman and some other southern parts of the country. So, if you want to enjoy this date, it is not bad to visit the southern regions of Kerman during the harvest season of this product.

25- Ajwa date



This type of date is a combination of soft and dry types, it is sweet and soft in the mouth. It is said that these date have healing properties and it is stated in the hadith that the Prophet said that eating seven of these date in the morning protects a person from magic until evening. This type of date is a product of Saudi Arabia.

26- Anbara



These large dates are popular because of their large, fleshy appearance and small kernels. They are also one of the most expensive types of dates! Anbara is sweet, brown and full of protein.

27- - Safavi



These dates are black, sweet, fleshy and rich in vitamins. They are soft and cultivated in Medina. These dates are known for their healing properties. If you eat this type of date on an empty stomach, your stomach cream will go away. They also have a lot of minerals.

28- Saghai



This fresh date is grown in Riyadh, is usually brown in color and has a light yellow tip. Saghai is wrinkled, but it does not flake off, and it is one of those things that you must eat!

29- Khudri



These are dry and sweet brown dates. They have wrinkled skin and may be large or small. Khedri is one of the most widely exported varieties due to its freshness and reasonable price. This type of date is one of the best dates to eat if you want to revitalize and increase your energy.

30- Sukkari dates



These dates are crisp and really sweet. Sugar dates are known for their healing properties and nutrients. This type of date lowers cholesterol, prevents tooth decay and also helps you get rid of fatigue. Sugar dates are grown in the Qassim region of Saudi Arabia and the southern regions of Iran.

(Sukkari) has a crisp texture and is very sweet. This date is known for its nutrient content and is native to Saudi Arabia.

31-Medjool



This type of date is known as the "queen of dates". The module has a large and soft texture, and has a strong and sweet taste. It is very popular in America and is often used in making chic and smoothies. This type of date is usually available throughout the year and is widely cultivated in Saudi Arabia.

32- KHolas date



This date has a caramel aroma when fully ripe. It is sticky when fresh and is usually consumed with Arabic coffee. This type of date has loose skin and is rooted in the Qassim and Al-Kharj regions of Saudi Arabia.